



Menu

October 3rd - 7th



BREAKFAST

LUNCH

SNACKS

Mon:

Pancakes
Syrup
Fresh Fruit
Milk

Beef Sticks
Corn
Applesauce
Whole Grain Bread
Milk

Graham Crackers
Soy Butter
Water

Tues:

Apple Cinn. Cheerios
Fruit & Grain Bar
Fresh Fruit
Milk

Chicken Nuggets
Green Beans
Mandarin Oranges
Whole Grain Bread
Milk

Cheezits
Raisins
Water

Wed:

Sausage Biscuits
Cheese
Fresh Fruit
Milk

Spaghetti w/ Meat Sauce
Peas
Pears
Whole Grain Bread
Milk

Wheat Thins
Jelly
Water

Thur:

Yogurt
Cereal Bar
Fresh Fruit
Milk

Turkey Meatballs w/ Gravy
Mashed Potatoes
Peaches
Whole Grain Bread
Milk

Ritz Crackers
Cheese
Water

Fri:

Bagels
Cream Cheese & Jelly
Fresh Fruit
Milk

Turkey Sliders
Carrot Sticks w/ Ranch
Pineapple
Milk

Go-Gurt
Animal Crackers
Water

